

GIRLS ON THE RUN FALL 2023 PROGRAM NEAR *you*

➤ Harvest Intermediate ➤
Practices: Mon/Wed 3:15-4:45pm

Girls on the Run is a program designed to enhance girls' social, emotional and physical skills and behaviors to successfully navigate life experiences.

Our program uses running and other physical activities as a platform for teaching life skills and promoting holistic health outcomes for kids in grades 3-5.



Lottery Registration Open: August 1-9
Season Starts: Monday, September 11th
GOTR 5K: Saturday, November 4th
Season Ends: Monday, November 6th



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This activity is organized and solely sponsored by a recognized parent or community organization in support of the DeForest Area School District and not by the school district itself. It is recognized that the intent of the activity is to ultimately support students and families served by the DeForest Area School District. Permission to distribute this material has been given by the district.